



Golden Bay Primary School

Healthy Food and Drink Policy and Guidelines

Effective: September 2015

HEALTHY FOOD AND DRINK POLICY - GOLDEN BAY PRIMARY SCHOOL

1 POLICY STATEMENT

A healthy eating approach to food and drink is promoted by the school in the school community.

2 POLICY RULES

Unless essential to the learning program, food and drink categorized as 'red' will not be provided to students.

School canteen/food service menus will comply with the requirements detailed in the *Healthy Food and Drink Procedures* (Department of Education).

3 RESPONSIBILITY FOR IMPLEMENTATION AND COMPLIANCE

Under the direction of the principal, all staff are responsible for the implementation of this policy.

4 SCOPE

This policy applies to all staff at Golden Bay Primary School.

5 SUPPORTING PROCEDURES

Healthy Food and Drink Procedures (Department of Education).

Note:

Students will be supplied with 'green' and 'amber' foods in schools settings, including classroom rewards, classroom cooking activities, school camps and excursions.

Parents and Citizens' Association fundraising is exempt from the requirement to only use 'green' and 'amber' food and drinks however consistent messages are encouraged. (see related documents for guidance).

Students will have an opportunity to have Crunch & Sip during instructional time which will consist of water and fresh fruit and vegetables.

6 DEFINITIONS

GREEN FOOD AND DRINKS

Are good sources of nutrients, contain less saturated fat and/or sugar and/or salt and help to avoid an intake of excess energy (kJ).

AMBER FOOD AND DRINKS

Have some nutritional value, contain moderate levels of saturated fat and/or added sugar and/or salt and can, in large serves, contribute to excess energy (kJ).

RED FOOD AND DRINKS

Lack adequate nutritional value, are high in saturated fat and/or added sugar and/or salt and can contribute excess energy (kJ).

7 RELATED DOCUMENTS

RELEVANT LEGISLATION OR AUTHORITY

Food Act 2008 (WA)

Food Regulations 2009 (WA)

School Education Act 1999 (WA)

School Education Regulations 2000 (WA)

OTHER DOCUMENTS

Health Promoting Schools Framework

'Red' Food and Drinks in the Curriculum

Sample School Healthy Food and Drink Policy

Star Choice™ Buyers' Guide

What's on the Menu

8 REVIEW DATE

February 2017

1 POLICY SUPPORTED

*Department of Education – Healthy Food and Drink Policy
- Healthy Food and Drink Procedures*

2 GUIDELINES AND OTHER CONSIDERATIONS

Parents will make decisions about their own children's diet and lunchbox.

Providing food to be shared - prior to any event teachers will inform parents regarding heating/cooling facilities available at the school. This will support final preparation of high risk foods to reduce foreseeable risk.

WASCA can be contacted to deliver 'traffic light' training to comply with Policy and Procedures.

The Western Australian Council of State School Organisations (WACSSO) can be contacted for information and advice on operating a safe and successful canteen.

Food Safety and Hygiene training be completed to ensure safe food preparation and storage.

School canteen/food services will be overseen by a Canteen Committee, with representation from the school community which will participate in the decision making process for the canteen menu, pricing, purchasing, and maintenance of equipment.

Canteen/food service menu promotes a wide range of healthy foods and that it:

- consists of a minimum of 60% 'green' food and drinks;
- consists of a maximum of 40% 'amber' food and drinks;
- only offers savoury commercial products that are 'amber' foods a maximum of twice per week; and
- contains no 'red' food and drinks.

3 CANTEEN

CANTEEN MANAGEMENT

A. EMPLOYMENT

- The canteen/food service supervisor shall be employed in accordance with the current legal requirements pertaining to minimum conditions, or a salary negotiated and approved under an enterprise agreement (minimum award conditions must apply, including superannuation).
- The canteen/food service will comply with equal opportunity guidelines for employment
- The canteen/foodservice supervisor shall have a written job description approved by the Canteen Committee and/or Parents and Citizens' Association and canteen supervisor
- The canteen/food service supervisor shall be appointed by, and if necessary, dismissed by the Executive of the Parents and Citizens' Association in consultation with the Canteen Committee and Golden Bay Primary School Principal.

B. SKILLS AND KNOWLEDGE

- The Department of Education requires the canteen/food service supervisor and employer (E.g. Parents and Citizens' Association representative) to undertake 'traffic light' training conducted by the Western Australian School Canteen Association Inc. and achieve competencies in nutrition, food safety and hygiene and canteen management.

C. PRICING POLICY/PROFITS

- The primary objective of Golden Bay Primary School's canteen/food service is to provide a nutritious food service
- The canteen/food service may endeavour to provide a financial contribution towards resources for all students in the school after its financial obligations have been met (E.g. for maintenance of facilities and equipment, new equipment, professional development and training)
- Profit making by Golden Bay Primary School's canteen/food service will not be made at the expense of providing students with less healthy choices (AMBER)
- The average mark-up on healthy (GREEN) items shall be lower than that applied to less healthy (AMBER) products.

D. CANTEEN/FOOD SERVICE EQUIPMENT

- The canteen/food service committee shall provide essential, safe equipment and ensure that it is well maintained, in good repair and used according to the appliance directions
- The canteen/food service committee shall report to the Principal any structural defect(s) within the canteen.

E. OCCUPATIONAL HEALTH AND SAFETY

- The canteen/food service at Golden Bay Primary School is a workplace and will comply with the Occupational Safety and Health Act 1984 (WA) and Occupational Safety and Health Regulations 1996 (WA). The Department of Education has a number of policies and procedures related to health and safety. Some of the requirements include:
- All canteen/food service staff and volunteers to be made aware of evacuation procedures in case of fire or other emergency
- All canteen/food service staff and volunteers to wear enclosed footwear. Shoes with heels or, open sandals are not acceptable
- Students and teachers are not permitted to enter the canteen premises during normal trading hours unless it is part of a supervised school curriculum activity
- Only canteen/food service staff and volunteers rostered for duty may enter the canteen premises during normal canteen opening hours

Young children accompanying paid workers, or volunteers and enrolled students working in a canteen, could constitute a hazard. The Occupational Health and Safety Act 1984 requires all practicable measures are taken to minimise exposure to hazards in a workplace.

F. GIFTS/CONCESSIONS

- All discounts, allowances, complimentary articles, gifts, concessions and the proceeds thereof from any supplier of goods or services, directly or indirectly, to the canteen shall remain the property of the canteen and be properly recorded and later accounted for at the time of stocktaking. Public school canteens must comply with Department of Education policies, including the *Financial Management in Schools Finance and Accounting* policy.